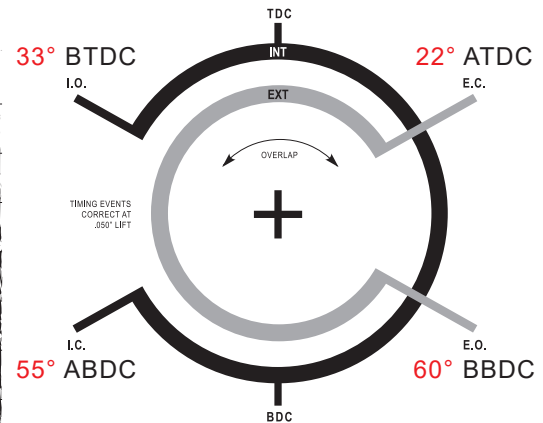


	INTAKE	EXHAUST
ADVERTISED DURATION	314°	300°
ACTUAL CAM LIFT (in/mm)	.525" / 13.34mm	.518" / 13.15mm
ROCKER ARM RATIO	1.75:1	1.75:1
CENTERLINE	101°	109
LOBE SEPERATION	105°	
DURATION AT 0.050" CAM	250°	244°
DURATION AT 0.050" VALVE	268°	262°
VALVE CLEARANCE	.006" / .15mm SOLID	.008" / .20mm SOLID
RECOMMENDED SPRING KIT	BC0040 or BC0040S	

CAMSHAFT TIMING AT 0.050" VALVE LIFT	OPEN	CLOSES
	INTAKE	33° BTDC
EXHAUST	60° BBDC	22° ATDC



NOTES

WARNING: If running a late model cylinder head (after 2004), and you are running a BC spring/retainer kit, you may need to purchase BC2940 keepers to accommodate the BC2010 or BC2011 retainers. Honda changed the keeper groove angles, therefore your stock keepers/locks may not fit the BC retainers properly causing potential damage.

MAX CAM ADVANCE: 30°

BC does not recommend using synthetic oil during break-in or operation. Follow OEM manufacturer's torque sequence and specifications. Use liberal amount of aftermarket engine assembly lube during installation. Check follower or bucket surfaces for abnormal wear and/or scuffing. On initial start-up and break-in run engine at 1500-2500 rpm for 20 minutes. **Camshafts damaged by improper installation, excessive spring pressure or retainers contacting valve guides or seals are void from warranty. Not legal for sale or use on emission controlled motor vehicles.**

